

Travel with The Met

June 28–July 6, 2023

Aegean Odyssey
From the Bronze Age to the Byzantines:
Istanbul to Athens Aboard *Sea Cloud II*
with Frank Dabell, Lecturer

THE
MET



Aegean Odyssey From the Bronze Age to the Byzantines: Istanbul to Athens Aboard *Sea Cloud II*

Dear Members and Friends of The Metropolitan Museum of Art,

In June 2023, set sail with me on an Aegean Sea adventure aboard the elegant *Sea Cloud II*. As an art history scholar who has led many tours through this region, I'm thrilled to share this seven-night voyage with you. We will cruise from Istanbul and the Graeco-Roman cities of Asia Minor to beautiful Greek islands, stepping ashore to admire timeless villages, natural splendors, and treasures of antiquity that span millennia, from the archaeological discoveries of the Bronze Age to the monasteries of the Byzantine era.

After embarkation in Istanbul, stand on deck as we sail through the Bosphorus Strait, and take in awe-inspiring views of the city's skyline. We'll then wind our way through the narrow Dardanelles—in the wake of great conquerors like Alexander the Great and Xerxes I of Persia—to fabled Troy, immortalized in Homer's *Iliad*. Troy's multilevel on-site museum will dazzle us with precious archaeological finds from the ancient city, including gold jewelry and Greek sarcophagi. From there, *Sea Cloud II* travels south to Ephesus, sacred to Artemis and the Virgin Mary, and celebrated for its grand Roman monuments such as the Library of Celsus. There, we will witness the ongoing restoration of ornate ancient residential villas and their mosaics.

We'll continue to the Greek island of Samos, home to one of ancient Greece's most sacred sanctuaries, the UNESCO-listed ruins of the Heraion of Samos, dedicated to Hera. At the site museum, we'll see a colossal Greek *kouros*, along with other votive offerings to the goddess. On Patmos, a highlight will be special access to the haunting Cave of the Apocalypse, where the exiled St. John the Evangelist wrote the Book of Revelation. The island of Amorgos will dazzle us with its 1,000-year-old whitewashed Byzantine monastery perched on a seaside cliff. Before disembarkation in Piraeus near Athens, we'll sail to the Cycladic island of Sifnos, enjoying its traditional pottery workshops.

Enjoy the camaraderie of sailing on *Sea Cloud II* with fellow culturally curious travelers, including members from The National Trust for Historic Preservation and The Royal Oak Foundation as well as alumni from Tufts and William & Mary. I hope you join me on this extraordinary sea expedition into the cradle of Western civilization.

Sincerely,
Frank Dabell
Lecturer
The Metropolitan Museum of Art



Traveling with You

Frank Dabell

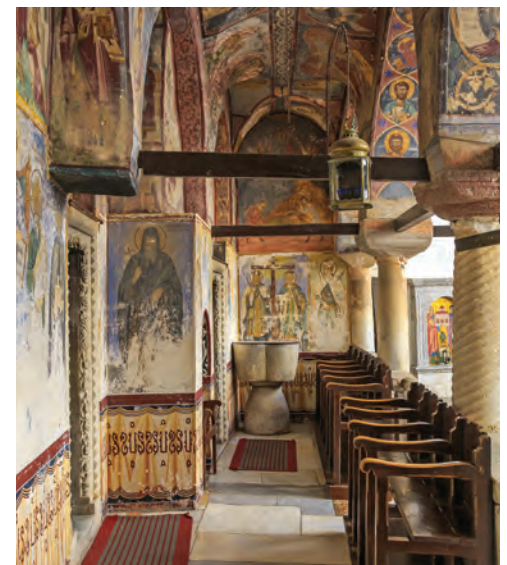
Frank Dabell was educated at Oxford University and is a former Fellow of The Metropolitan Museum of Art. He has led tours for major museums on journeys throughout Europe, North Africa, the Mediterranean, and Russia and has been named one of the world's greatest tour guides by *Travel + Leisure*. Most recently, he led a Travel with The Met tour tracing the legacy of Alexander the Great through Northern Greece and Athens. Born in Paris, he lives in Rome, where he teaches art history at Temple University's Study Abroad program, and at the University of Rome.

Trip Highlights

- Journey to the UNESCO-listed remains of ancient **Troy**, and take an expert-led tour of its museum, which houses impressive archaeological finds from the site
- Explore the ancient Greek trade center of **Ephesus** to see the restoration of luxurious Roman Imperial-era residential villas known as “terrace houses”
- Visit the UNESCO World Heritage Sites including the sacred **Cave of the Apocalypse** on the island of Patmos
- Wander through **Amorgos**, home to one of the most charming villages in the Cyclades, and discover its cobbled streets and whitewashed houses overlooked by a castle along with Byzantine churches, windmills, and courtyards brimming with flowers
- Learn about the rich lineage of terra-cotta pottery on **Sifnos**, and meet with artisans who have carried on this ancient traditional craft in their workshops



Ruins at Troy, Turkey



Photos clockwise from top right: Regional map; Marble akroterion, ca. 350-325 BCE. Marble. The Metropolitan Museum of Art, New York, Rogers Fund, 1920 (20.198); Monastery of St. John, Patmos, Greece; Kokkari Bay, Samos, Greece; Library of Celsus, Ephesus, Turkey; Windmills, Amorgos, Greece. Front cover: Monastery of Hozoviotissa, Amorgos, Greece. Back cover: Amorgos, Greece (top); Samos, Greece (bottom).

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Sea Cloud II

An optional prelude in Istanbul is offered
June 26–29, 2023.

Departure

Wednesday, June 28

Depart for Istanbul on an overnight flight.

Istanbul, Turkey / Embark *Sea Cloud II*

Thursday, June 29

Arrive in Istanbul, and transfer to the port and the awaiting *Sea Cloud II*. In the late afternoon, stand on deck and admire Istanbul's distinctive skyline as we sail south from the narrow Bosphorus Strait to the Sea of Marmara. D

Kepez / Troy

Friday, June 30

Spend the morning sailing from Istanbul through the narrow Dardanelles. Call at the port of Kepez, and drive to fabled Troy, where excavations began in 1872 and continue to this day. Enjoy an expert-led tour of the Museum of Troy, which contains artifacts from these excavations. This evening, gather for the captain's welcome reception and dinner. B, L, R, D

Day at Sea

Saturday, July 1

Today, discover the thrill of sailing aboard the legendary *Sea Cloud II*. As she carries us under a full set of billowing white sails, experience the grace and romance of a bygone era of travel. B, L, D

Kuşadasi / Ephesus / Samos, Greece

Sunday, July 2

This morning, arrive in Kuşadasi, and venture to the well-preserved ruins of Ephesus. Originally built in the 10th century B.C., Ephesus is renowned as the center of worship of the great Greek mother-goddess Cybele. This is also the site where St. Paul addressed the Ephesians. Excavations continue and archaeologists are currently restoring the terrace houses, which are luxurious residential villas that offer a glimpse of the daily lives of ancient Ephesians. Behold the dramatic façade of the Library of Celsus, the temple of Hadrian, and the immense ancient theater. Enjoy lunch on board *Sea Cloud II* as the ship approaches the lush and mountainous island of Samos, a naval power in the seventh century B.C. The small island is celebrated for the Heraion of Samos, a temple dedicated to the Greek goddess Hera, now a UNESCO World Heritage Site. This afternoon, discover the remains of the temple, and view artifacts from its excavation at the Archaeological Museum. Dock overnight in the port. B, L, D

Samos / Patmos

Monday, July 3

Sail to the sacred island of Patmos, site of St. John the Evangelist's exile. Visit the UNESCO-listed Cave of the Apocalypse, where St. John reportedly dictated the visions documented in the Book of Revelation to his loyal disciple. Then, tour the 11th-century Monastery of St. John, with its enormous towers, domed roofs, belfries, and battlements. Inside, behold the artistry of the monastery's icons, manuscripts, and embroideries. B, L, D

Amorgos

Tuesday, July 4

Step ashore on Amorgos, a small island of whitewashed villages set in a rugged landscape. Visit the impressive Byzantine Monastery of Hozoviotissa, built in the 11th century, and marvel at how this stark white structure clings to precipitous cliffs facing out to sea. For more than a thousand years, the monastery has been a place of pilgrimage

for worshippers, who come to venerate its miraculous icon of the Virgin Mary. Return to the ship for lunch, and set sail for Sifnos. B, L, D

Sifnos, Cyclades

Wednesday, July 5

Sail into the port of Kamares on the west coast of the island of Sifnos. The island is distinguished by the unmistakably Cycladic architecture of cubic houses, whitewashed chapels, and Venetian dovecotes. Discover its charming waterfront along with a beautiful upper *chora* (village), topped by the ancient walls and ruins of a Venetian hilltop fortress. Take time to explore Sifnos's pottery workshops, and peruse antiquities scattered throughout the village as well as treasures housed in the archaeological museum. Walk through a labyrinth of passageways opening up to stunning views of the coast. Spend the afternoon sailing to Athens, and gather with fellow travelers at the captain's farewell reception and dinner. B, L, R, D

Piraeus / Disembark / Athens / Return

Thursday, July 6

Disembark in Piraeus, and transfer to the airport for flights home. B

This itinerary is subject to change at the discretion of The Metropolitan Museum of Art and Arrangements Abroad. For complete details, please carefully read the terms and conditions at www.arrangementsabroad.com/terms.



Heraion of Samos, Greece

Program Rates

Categories	Cabin Numbers	Decks	Double Rates	Single Rates
Cabins	204 to 206	Cabin	\$8,999	\$13,499
Upper/lower twin berths, shower.				
Superior Cabins	207 to 210	Cabin	\$11,999	\$17,999
Twin beds, shower				
Deluxe Cabins	211 to 217 & 224 to 231	Cabin	\$13,999	\$20,999
Twin beds, shower				
Deluxe Cabins	218 to 223	Cabin	\$15,999	Inquire
Twin beds, shower				
Deluxe Cabins	301 & 302	Promenade	\$16,499	Inquire
Twin beds, shower				
Junior Suites	303 to 319	Promenade	\$17,999	Inquire
Twin beds, bathtub with shower				
Owner's Suites	401 & 402	Lido	\$21,999	Inquire
Queen-size bed, bathtub, and separate shower				

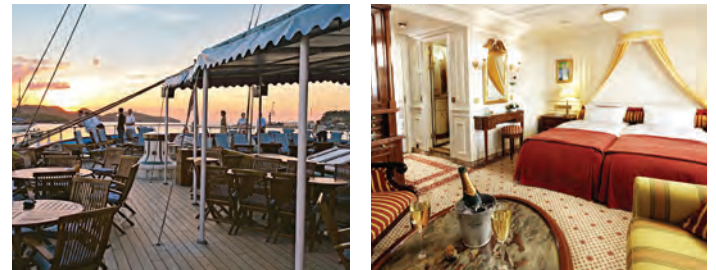
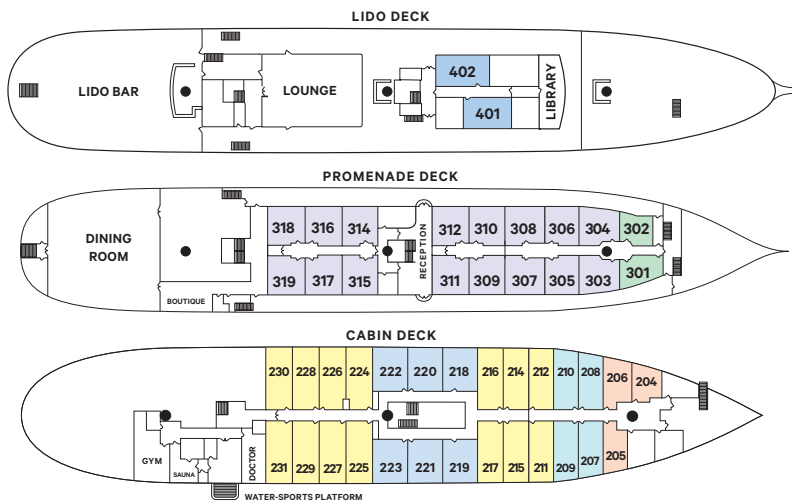
Rates Include

- Seven nights cabin accommodations aboard *Sea Cloud II*
- Meals as indicated in the itinerary (B=Breakfast, L=Lunch, R=Reception, D=Dinner). Bottled water, soft drinks, juices, and coffee/tea with all meals; thoughtfully selected wines and beer with onboard lunches and dinners; complimentary open bar throughout the cruise (including all standard spirits)
- Airport/pier/airport group transfers for all participants on suggested flights
- Enrichment program of lectures and talks
- Escorted sightseeing by private motorcoach; entrance fees for included visits
- Customary shipboard gratuities
- Taxes, service, and portage charges; gratuities to local guides and drivers

Not included in rates

International airfare; passport/visa fees; meals not specified; alcoholic beverages other than noted in inclusions; personal items and expenses; airport transfers other than for those on suggested flights; excess baggage; trip insurance; optional Istanbul prelude; any other items not specifically mentioned as included.

Sea Cloud II



Sea Cloud II Lido Deck (left) and Junior Suite (right)

Sea Cloud II is a three-masted sailing yacht steeped in the elegance of yesteryear and complemented with the most modern amenities. Sister ship of the legendary *Sea Cloud*, *Sea Cloud II* has 47 outside cabins and travels under 23 billowing sails trimmed by hand. From the mahogany-paneled library and gracious lounge to the gym and watersports platform, no detail has been overlooked. Praised by the world's most discerning travelers, *Sea Cloud II* receives consistently high rankings from *Condé Nast Traveler*. Passengers enjoy open seating at all meals and complimentary use of all water sports equipment. A doctor is on call 24 hours a day. Please note: There is no elevator on *Sea Cloud II*.

Aegean Odyssey: June 28–July 6, 2023

Reservation Form

To secure your reservation, please call Arrangements Abroad at 844-TRVLMET (844-878-5638); email: met@arrangementsabroad.com; or complete this form and return it with your deposit of \$1,000 per person (of which \$500 is non-refundable for administrative fees), to be paid by debit card, credit card, wire transfer, or check payable to *Arrangements Abroad*. Mail to: Arrangements Abroad, 260 West 39th Street, 17th Floor, New York, NY 10018-4424.

Name(s) in full as on passport(s). Please print.

Address

City State Zip

Telephone (home) (business)

Fax Email

Accommodations

Sea Cloud II cabin preference (1) _____ (2) _____

I wish to share a room/cabin with _____

Optional Prelude

I/We wish to join the optional Istanbul Prelude

Hotel Room Preference One bed Two beds Single

Form of Payment

Enclosed is my check (payable to Arrangements Abroad) Debit card Credit card

Name on debit/credit card

Debit/credit card number

3- or 4-digit security code

Expiration date

Each participant must sign below. I/We have read, understand and agree to the Terms & Conditions at www.arrangementsabroad.com/terms and detailed in program documents. I/We agree to full payment 120 days before departure.

Signature (required)

Date

Signature (required)

Date

For additional information, please call 844-TRVLMET (844-878-5638) or to opt out from receiving mail, email travelwiththemet@metmuseum.org



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**The Metropolitan
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New York, NY 10028

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